

**Songs of  
Jesus**

# Songs of Jesus

**ADORE:** What does this psalm teach me about God?

**ADMIT:** What does this psalm teach me about myself?

**ASPIRE:** How does this psalm compel me to respond?

God Knows Me

PSALM 139

God Delivers

PSALM 40

God is Our Ultimate Home

PSALM 84

God Comforts Me

PSALM 16

God's Glory is All Around

PSALM 8

God Lavishes His Love

PSALM 42

God's Word Guides Us

PSALM 1

God Blesses

PSALM 103

# Songs of Jesus

## Of David.

<sup>1</sup> Bless the LORD, O my soul, and all that is within me, bless his holy name! <sup>2</sup> Bless the LORD, O my soul, and forget not all his benefits, <sup>3</sup> who forgives all your iniquity, who heals all your diseases, <sup>4</sup> who redeems your life from the pit, who crowns you with steadfast love and mercy, <sup>5</sup> who satisfies you with good so that your youth is renewed like the eagle's.

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## **ASPIRE: Bless the LORD**

- How is my worship muscle?

"These people honor me with their lips, but their hearts are far from me. They worship me in vain; their teachings are merely human rules."

**MATTHEW 15:8-9 NIV**

“And he said, “Naked I came from my mother's womb, and naked shall I return. The Lord gave, and the Lord has taken away; blessed be the name of the Lord.”

**JOB 1:21** ESV



9 After this I looked, and behold, a great multitude that no one could number, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, clothed in white robes, with palm branches in their hands, 10 and crying out with a loud voice, “Salvation belongs to our God who sits on the throne, and to the Lamb!”

**11 And all the angels were standing around the throne and around the elders and the four living creatures, and they fell on their faces before the throne and worshiped God, <sup>12</sup> saying, “Amen! Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God forever and ever! Amen.”**



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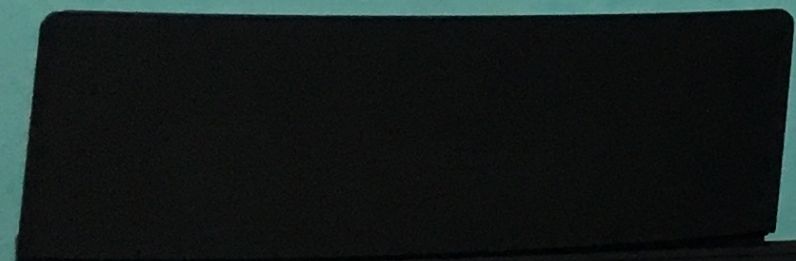
- How is my worship muscle?

## **ADMIT: I forget God's blessings**





CAPILLA  
CALVARIO



Base bíblica: Jo...  
transferencia de liderazgo





## **ASPIRE: Bless the LORD**

- How is my worship muscle?

## **ADMIT: I forget God's blessings**

- What is distracting me from God?



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**6** The LORD works righteousness and justice for all who are oppressed. **7** He made known his ways to Moses, his acts to the people of Israel. **8** The LORD is merciful and gracious, slow to anger and abounding in steadfast love. **9** He will not always chide, nor will he keep his anger forever. **10** He does not deal with us according to our sins, nor repay us according to our iniquities.

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<sup>11</sup> For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him; <sup>12</sup> as far as the east is from the west, so far does he remove our transgressions from us.

<sup>13</sup> As a father shows compassion to his children, so the Lord shows compassion to those who fear him. <sup>14</sup> For he knows our frame; he remembers that we are dust.



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<sup>15</sup> As for man, his days are like grass; he flourishes like a flower of the field; <sup>16</sup> for the wind passes over it, and it is gone, and its place knows it no more. <sup>17</sup> But the steadfast love of the Lord is from everlasting to everlasting on those who fear him, and his righteousness to children's children, <sup>18</sup> to those who keep his covenant and remember to do his commandments.

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**19 The Lord has established his throne in the heavens, and his kingdom rules over all.**

**20 Bless the Lord, O you his angels, you mighty ones who do his word, obeying the voice of his word! 21 Bless the Lord, all his hosts, his ministers, who do his will! 22 Bless the Lord, all his works, in all places of his dominion. Bless the Lord, O my soul!**

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# God's blessings:

1. **Forgives all our sins**
2. **Heals our diseases**
3. **Redeems us**
4. **Crowns us with love & mercy**
5. **Satisfies our desires**
6. **Renews our strength**
7. **Defends the oppressed**
8. **Reveals his ways**
9. **Gracious & merciful**
10. **Slow to anger**
11. **Abounds in love**
12. **Merciful**
13. **Great steadfast love**
14. **Removes our transgressions**
15. **Shows compassion**
16. **Knows us intimately**
17. **Grants everlasting life**
18. **Rules over all**

## **ASPIRE: Bless the LORD**

- How is my worship muscle?

## **ADMIT: I forget God's blessings**

- What is distracting me from God?

## **ADORE: The LORD is a God of blessing**

- Have I accepted God's abundant blessings?

<sup>3</sup> All praise to God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we are united with Christ. <sup>4</sup> Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. <sup>5</sup> God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ.

**6** So we praise God for the glorious grace he has poured out on us who belong to his dear Son.

**7** He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgave our sins. **8** He has showered his kindness on us, along with all wisdom and understanding.



<sup>50</sup> And he led them out as far as Bethany, and lifting up his hands he blessed them. <sup>51</sup> While he blessed them, he parted from them and was carried up into heaven. <sup>52</sup> And they worshiped him and returned to Jerusalem with great joy, <sup>53</sup> and were continually in the temple blessing God.

**LUKE 24:50-53** ESV

