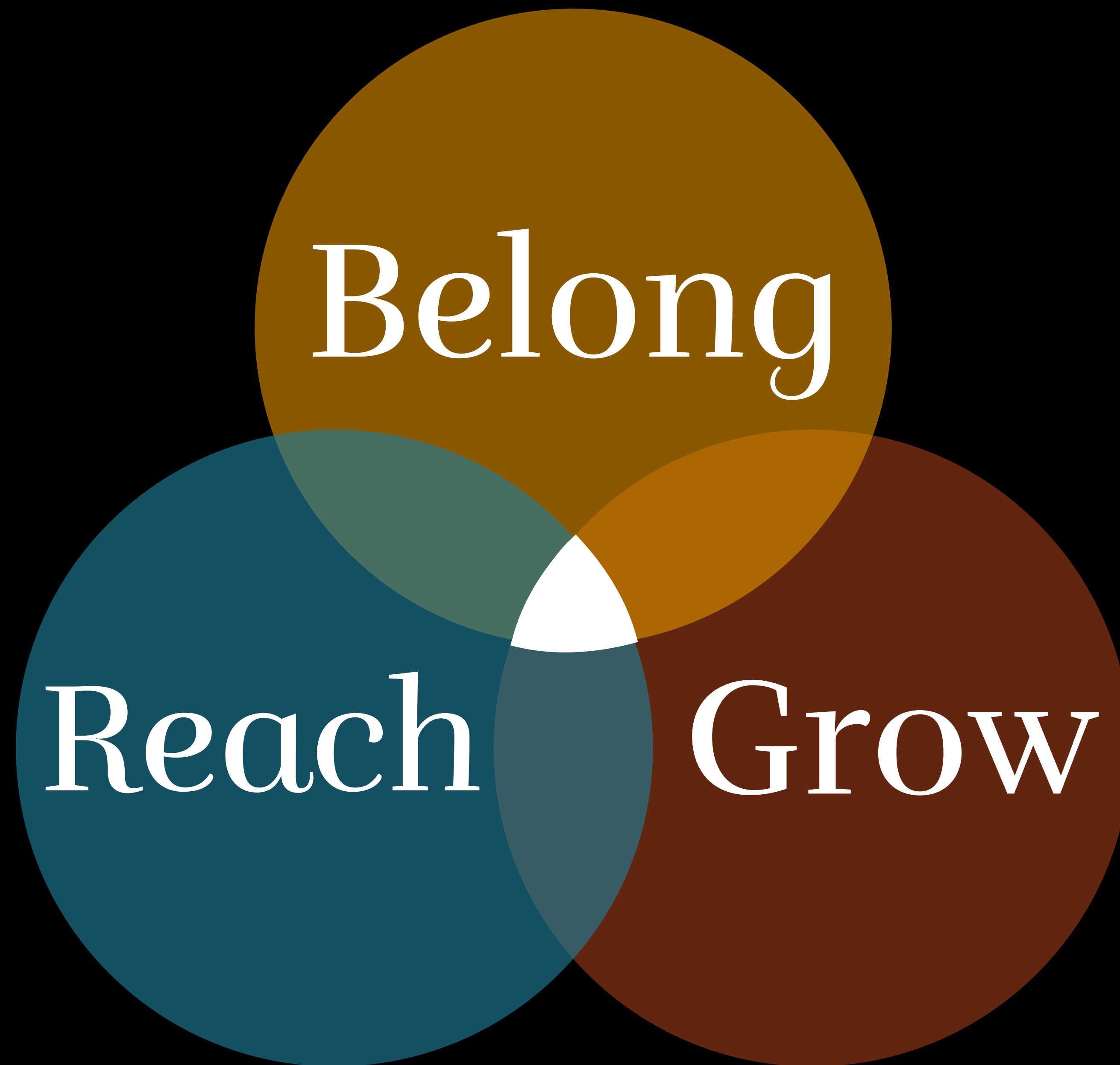


We are a family of  
imperfect people  
following the  
perfect Savior,

**Jesus.**



“that they may have...

# LIFE *to the* FULL

JOHN 10:10

**Is my life full?**

or

**Am I fully living?**

<sup>10</sup> The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

**JOHN 10:10** NIV

<sup>2</sup> So on the first day of the seventh month Ezra the priest brought the Law before the assembly, which was made up of men and women and all who were able to understand. <sup>3</sup> He read it aloud from daybreak till noon as he faced the square before the Water Gate in the presence of the men, women and others who could understand. And all the people listened attentively to the Book of the Law.

**NEHEMIAH 8:2-3** NIV

<sup>4</sup> Ezra the teacher of the Law stood on a high wooden platform built for the occasion. Beside him on his right stood Mattithiah, Shema, Anaiah, Uriah, Hilkiah and Maaseiah; and on his left were Pedaiah, Mishael, Malkijah, Hashum, Hashbaddanah, Zechariah and Meshullam.

<sup>5</sup> Ezra opened the book. All the people could see him because he was standing above them; and as he opened it, the people all stood up.

**NEHEMIAH 8:4-5** NIV

<sup>6</sup> Ezra praised the LORD, the great God; and all the people lifted their hands and responded, “Amen! Amen!” Then they bowed down and worshiped the LORD with their faces to the ground. <sup>7</sup> The Levites—Jeshua, Bani, Sherebiah, Jamin, Akkub, Shabbethai, Hodiah, Maaseiah, Kelita, Azariah, Jozabad, Hanan and Pelaiah—instructed the people in the Law while the people were standing there.

**NEHEMIAH 8:6-7** NIV

<sup>8</sup> They read from the Book of the Law of God, making it clear and giving the meaning so that the people understood what was being read.

<sup>9</sup> Then Nehemiah the governor, Ezra the priest and teacher of the Law, and the Levites who were instructing the people said to them all, “This day is holy to the LORD your God. Do not mourn or weep.” For all the people had been weeping as they listened to the words of the Law.

**NEHEMIAH 8:8-9** NIV

<sup>10</sup> Nehemiah said, “Go and enjoy choice food and sweet drinks, and send some to those who have nothing prepared. This day is holy to our LORD. Do not grieve, for the joy of the LORD is your strength.” <sup>11</sup> The Levites calmed all the people, saying, “Be still, for this is a holy day. Do not grieve.”

**NEHEMIAH 8:10-11** NIV

<sup>12</sup> Then all the people went away to eat and drink, to send portions of food and to celebrate with great joy, because they now understood the words that had been made known to them.

**NEHEMIAH 8:12** NIV

7 The law of the LORD is perfect,  
refreshing the soul. The statutes of the  
LORD are trustworthy, making wise the  
simple. 8 The precepts of the LORD are  
right, giving joy to the heart. The  
commands of the LORD are radiant,  
giving light to the eyes.

**PSALM 19:7-8** NIV

<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

**PHILIPPIANS 4:4-7** NIV

<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

**PHILIPPIANS 4:4-7** NIV

# How to Rejoice?

- **Remember** God's grace

<sup>6</sup> You see, at just the right time, when we were still powerless, Christ died for the ungodly. <sup>7</sup> Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. <sup>8</sup> But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

**ROMANS 5:6-8** NIV

<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

**PHILIPPIANS 4:4-7** NIV

# How to Rejoice?

- **Remember** God's grace
- **Recognize** God's nearness

18 The LORD is near to the  
brokenhearted and saves the  
crushed in spirit.

**PSALM 34:18** ESV

<sup>17</sup> For the Lord your God is living among you. He is a mighty savior. He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs.”

**ZEPHANIAH 3:17** NLT

<sup>11</sup> You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.

**PSALM 16:11** ESV

<sup>4</sup> Rejoice in the Lord always. I will say it again: Rejoice! <sup>5</sup> Let your gentleness be evident to all. The Lord is near. <sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

**PHILIPPIANS 4:4-7** NIV

# How to Rejoice?

- **Remember** God's grace
- **Recognize** God's nearness
- **Replace** worry with gratitude

<sup>8</sup> If the LORD delights in us, he  
will bring us into this land and  
give it to us, a land that flows  
with milk and honey.

**NUMBERS 14:8** ESV

<sup>8</sup> Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. <sup>9</sup> Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

**PHILIPPIANS 4:8-9** NIV

# How to Rejoice?

- **Remember** God's grace
- **Recognize** God's nearness
- **Replace** worry with gratitude
- **Reflect** Christ in all things

<sup>11</sup> I have told you this so that my joy may be in you and that your joy may be complete. <sup>12</sup> My command is this: Love each other as I have loved you. <sup>13</sup> Greater love has no one than this: to lay down one's life for one's friends.

**JOHN 15:11-13** NIV

<sup>10</sup> The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

<sup>11</sup> “I am the good shepherd. The good shepherd lays down his life for the sheep.

**JOHN 10:10-11** NIV

<sup>1</sup> Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, <sup>2</sup> looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

**HEBREWS 12:1-2** ESV