

PSALMS  120-134

Songs of ASCENT

¹ When the LORD restored the fortunes of Zion, we were like those who dreamed. ² Our mouths were filled with laughter, our tongues with songs of joy. Then it was said among the nations, “The LORD has done great things for them.” ³ The LORD has done great things for us, and we are filled with joy.



PSALM 126:1-2 NIV

⁴ Restore our fortunes, LORD, like
streams in the Negev. ⁵ Those who sow
with tears will reap with songs of joy.
⁶ Those who go out weeping, carrying
seed to sow, will return with songs of
joy, carrying sheaves with them.



PSALM 126:4-6 NIV

God's Restoration Process:

- **Remember.**



¹⁰ When the LORD your God brings you into the land he swore to your fathers, to Abraham, Isaac and Jacob, to give you—a land with large, flourishing cities you did not build, ¹¹ houses filled with all kinds of good things you did not provide, wells you did not dig, and vineyards and olive groves you did not plant—then when you eat and are satisfied, ¹² be careful that you do not forget the LORD, who brought you out of Egypt, out of the land of slavery.



DEUT. 6:10-12 NIV







¹ When the LORD restored the fortunes of Zion, we were like those who dreamed. ² Our mouths were filled with laughter, our tongues with songs of joy. Then it was said among the nations, "The LORD has done great things for them." ³ The LORD has done great things for us, and we are filled with joy.



PSALM 126:1-3 NIV

⁴ Restore our fortunes, LORD, like
streams in the Negev. ⁵ Those who sow
with tears will reap with songs of joy.
⁶ Those who go out weeping, carrying
seed to sow, will return with songs of
joy, carrying sheaves with them.



PSALM 126:4-6 NIV

God's Restoration Process:

- **Remember.**
- **Pray.**



“And now, God, do it again— bring rains to
our drought-stricken lives So those who
planted their crops in despair will shout
“Yes!” at the harvest, So those who went off
with heavy hearts will come home laughing,
with armloads of blessing.”



PSALM 126:4-6 MSG

Pray ACT:

Ask boldly, believing that God...

Can heal, restore, deliver, and...

Trust God with the results.



¹⁰ After Job had prayed for his friends,
the LORD restored his fortunes and gave
him twice as much as he had before.

JOB 42:10 NIV



Pray ACT:

Ask boldly, believing that God...

Can heal, restore, deliver, and...

Trust God with the results.



²⁵ Jesus said to her, “I am the resurrection and the life. The one who believes in me will live, even though they die; ²⁶ and whoever lives by believing in me will never die. Do you believe this?”



JOHN 11:25-26 NIV

³ Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead.



1 PETER 1:3 ESV

God's Restoration Process:

- **Remember.**
- **Pray.**
- **Repent.**



⁷ But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. ⁸ We are hard pressed on every side, but not crushed; perplexed, but not in despair; ⁹ persecuted, but not abandoned; struck down, but not destroyed. ¹⁰ We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body.



2 COR. 4:7-10 NIV

¹³ It is written: “I believed; therefore I have spoken.” Since we have that same spirit of faith, we also believe and therefore speak, ¹⁴ because we know that the one who raised the Lord Jesus from the dead will also raise us with Jesus and present us with you to himself. ¹⁵ All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God.



2 COR. 4:13-15 NIV

¹⁶ Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. ¹⁷ For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. ¹⁸ So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.



2 COR. 4:16-18 NIV

¹⁰ Create in me a pure heart, O God, and
renew a steadfast spirit within me. ¹¹ Do
not cast me from your presence or take
your Holy Spirit from me. ¹² Restore to me
the joy of your salvation and grant me a
willing spirit, to sustain me.



PSALM 51:10-12 NIV

¹ Oh, praise the LORD, all you servants of the LORD, you who serve at night in the house of the LORD. ² Lift your hands toward the sanctuary, and praise the LORD. ³ May the LORD, who made heaven and earth, bless you from Jerusalem.



PSALM 134:1-3 NIV