



GOD RULES

THE TEN COMMANDMENTS



³⁶ “Teacher, which is the greatest commandment in the Law?” ³⁷ Jesus replied: “Love the Lord your God with all your heart and with all your soul and with all your mind.’ ³⁸ This is the first and greatest commandment. ³⁹ And the second is like it: ‘Love your neighbor as yourself.’ ⁴⁰ All the Law and the Prophets hang on these two commandments.”

MATTHEW 22:36-40 NIV

Ten Commandments:



1. No other gods before me
2. Do not make or worship idols
3. Do not misuse God's name
4. Remember the Sabbath
5. Honor your father and mother
6. Do not murder
7. Do not commit adultery
8. Do not steal
9. Do not bear false witness
10. Do not covet

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27 Then he said to them, “The Sabbath was made for man, not man for the Sabbath. 28 So the Son of Man is Lord even of the Sabbath.”

MARK 2:27-28 NIV

⁸ “Remember the Sabbath day by keeping it holy.
⁹ Six days you shall labor and do all your work,
¹⁰ but the seventh day is a sabbath to the Lord your
God. On it you shall not do any work, neither you, nor
your son or daughter, nor your male or female servant,
nor your animals, nor any foreigner residing in your
towns. ¹¹ For in six days the Lord made the heavens
and the earth, the sea, and all that is in them, but he
rested on the seventh day. Therefore the Lord blessed
the Sabbath day and made it holy.





¹ Thus the heavens and the earth were completed in all their vast array. ² By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. ³ Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

GENESIS 2:1-3 NIV



Sabbath is an invitation to:

- **Return to God's rhythm**



Sabbath is an invitation to:

- **Return to God's rhythm**
- **Recognize our restlessness**



²³ Search me, God, and know my heart;
test me and know my anxious
thoughts.

PSALM 139:23 NIV



¹ The Lord is my shepherd, I lack nothing.
² He makes me lie down in green pastures,
he leads me beside quiet waters, ³ he
refreshes my soul. He guides me along the
right paths for his name's sake.

PSALM 23:1-3 NIV



Sabbath is an invitation to:

- **Return to God's rhythm**
- **Recognize our restlessness**
- **Reflect on God's goodness**



⁴ For you make me glad by your deeds, Lord; I sing for joy at what your hands have done. ⁵ How great are your works, Lord, how profound your thoughts!

PSALM 92:4-5 NIV



Sabbath is an invitation to:

- **Return to God's rhythm**
- **Recognize our restlessness**
- **Reflect on God's goodness**
- **Rest in Jesus**



⁹ There remains, then, a Sabbath-rest for the people of God; ¹⁰ for anyone who enters God's rest also rests from their works, just as God did from his. ¹¹ Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.

HEBREWS 4:9-11 NIV



28 Then they asked him, “What must we do to do the works God requires?”

29 Jesus answered, “The work of God is this: to believe in the one he has sent.”

JOHN 6:28-29 NIV



28 “Come to me, all you who are weary and burdened, and I will give you rest.

29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light.”

MATTHEW 11:28-30 NIV



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- **Recognize our restlessness**
- **Reflect on God's goodness**
- **Rest in Jesus**