



Psalm 133 - Growing in Christ

WEEK OF: June 29th, 2025



Belong

Where have you experienced genuine unity — on a team, in a family, or in a group?



Grow

Take a moment to pray and/or [worship](#) in order to shift the focus to God.

SUNDAY RECAP: *Psalms 120–134 are known as the Songs of Ascent, sung by God's people as they made the uphill pilgrimage to Jerusalem for the yearly festivals, reminding them of who God is and who they are as His people. This Sunday, we talked about how coming to faith in Jesus means receiving unity with God and beginning a new life with Him. As we grow in Christ, we mature by becoming more like Him.*

1. **Read Psalm 133:1-3 & John 17:3.** What images are used to describe unity in Psalm 133? How does unity bring life?
2. **Read John 17:3.** What is the ultimate goal of our new life in God through faith?
3. **Read John 17:15.** Why do you think Jesus prays for us to remain in the world, even through suffering and difficulty?
4. **Read John 17:22-23.** What themes do you notice in Jesus' prayer for unity? How does unity with God and each other advance God's mission in the world?
5. **Read Ephesians 4:11-13.** What do we need in order to become spiritually mature and more like Jesus?



Reach

Focus on meeting the needs inside the group. Ask for prayer requests and spend time praying for one another.